



2012 FEBRUARY

CAJUN CUISINE



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

<h1>CAJUN CUISINE!</h1> <h2>February 21-24, 2012</h2>		1 Beef Tacos Hot Dog All-American Wrap** All-American Chef Salad** Refried Beans/Carrots Diced Pears	2 Rotisserie Chicken w/Parsley Rotini Cheeseburger Chicken Chipotle Wrap Veggie Hummus Pita Salad Oven Fries or Cucumbers Diced Peaches	3 Homemade Pepperoni Pizza** BBQ Pork Ribette** Tuna Salad Sub Egg Chef Salad Green Beans/Carrots Mixed Fruit
6 Beef Ravioli Brd. Chicken Sandwich Ham & Am. Ch. Sand.** Brd Chicken Chef Salad Garden Peas/Carrots Applesauce	7 Toasted Cheese Sand. Hamburger Turkey & Am. Ch. Sand. Cobb Salad Tomato Soup/Cucumbers Diced Pears	8 Beef Nachos w/Salsa Corn Dog All-American Wrap** Tuna Garden Salad Kickin' Pintos/Carrots Warm Spiced Apples	9 Baked Mac & Cheese BBQ Pork Ribette** Chicken Chipotle Wrap Brd Chix Mediterranean Salad Tossed Salad/Cucumbers Diced Peaches	10 Homemade Pepperoni Pizza** Cheeseburger Tuna Salad Sub Egg Chef Salad Oven Fries or Carrots Mixed Fruit
13 Pizza Meatball Sub Brd. Chicken Nuggets Ham & Am. Ch. Sand** Ham Pizza Salad** Green Beans/Carrots Applesauce	14 English Muffin w/EggCh BBQ Pork Ribette Turkey & Am. Ch. Sand. Brd Chix Ranch Salad Tator Tots/Cucumbers Diced Peaches	15 Soft Beef Tacos w/Lettuce, Tomato & Salsa Hot Dog All-American Wrap** All-American Chef Salad Refried Beans/Carrots Diced Pears	16 Pasta w/Meat Sauce Brd. Chicken Sandwich Chicken Chipotle Wrap Fruit & Cheddar Salad Tossed Salad/Cucumbers Mixed Fruit	17 <p style="text-align: center;">NO SCHOOL</p>
20 <p style="text-align: center;">PRESIDENTS' DAY</p> <p style="text-align: center;">No School</p>	21 <p style="text-align: center;">PO BOY FISH SLAW SANDWICH</p> Cheeseburger Turkey & Am. Ch. Sand. Brd. Chix Chef Salad Oven Fries/Broccoli Diced Peaches	22 <p style="text-align: center;">CAJUN CHICKEN SANDWICH</p> Beef Nachos w/Salsa All-American Wrap** Tuna Garden Salad Golden Corn/Cauliflower Applesauce	23 <p style="text-align: center;">CAJUN BEEF BURGER</p> Turkey & Gravy Chicken Chipotle Wrap Brd Chix Caesar Salad Mashed Potatoes/ Cucumbers Warm Spiced Apples	24 <p style="text-align: center;">RED BEANS & RICE</p> Homemade Pepperoni Pizza** Tuna Salad Sub Egg Chef Salad Garden Peas/Broccoli Mixed Fruit
27 Beef & Bean Burrito Brd. Chicken Nuggets Ham & Am. Ch. Sand.** Ham Pizza Salad** Carrot Coins/Fresh Carrots Applesauce	28 <p style="text-align: center;">Breakfast for Lunch</p> --Scrambled Eggs w/Pancakes/Strawberries Cheeseburger Turkey & Am. Ch. Sand. Chicken Mediterranean Salad Tator Tots/Cucumbers Warm Spiced Apples	29 Soft Beef Tacos w/Lettuce, Tomato & Salsa Brd. Chicken Sandwich All-American Wrap** All-American Chef Salad Kickin' Pintos/Carrots Diced Pears	<p style="text-align: center;"><u>PARENTS/GUARDIANS:</u></p> If your child is <u>approved for free or reduced lunch</u> , he/she is also <u>approved for free (\$0.00) or reduced (\$.30) breakfast</u> . Breakfast opens after first bell in the hallway across from the main office. Paid students price \$1.25. See your school for more information.	

We offer several entrees daily!

Choose from one of the three featured selections or Specialty Salad or Homemade Cheese Pizza. Then add at least one of Vegetable or Fruit or Milk.

Milk offered includes 1% White, Skim or Fat Free Chocolate. Milk is included with the full meal or \$5.00 ala carte.

**Pork Products marked with an asterisk.

LUNCH PRICES:
 Full Meal \$2.40
 Reduced Meal \$.40
 Free Meal \$0.00
 Student Entrée Only \$2.40
 Adult Meal \$2.90
 Adult Entrée Only \$2.90
 (Meals include milk)

Call the Food Service Office with questions or concerns:
 Judy Swider
 708-583-6233 or
 Susan Walsh
 708-583-5463

ELM MIDDLE SCHOOL LUNCH MENU



District 401 Meal Guidelines:

The food service has a system that allows money to be put on account to use for food service purchases. Students do not need to carry cash. Students need to maintain a positive account balance. Cash or checks made payable to Elmwood Park School District 401 are accepted. Notification of student account balances are sent home with the students when their accounts are at \$5.00 or less. Students and/or parents can drop payments into the deposit box located in the hall outside the main office.

Menus are subject to change without notice.

