

ENJOY



JANUARY 2012

START the DAY
with BREAKFAST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2
**HAPPY
NEW YEAR!
SEE YOU IN
JANUARY 2012!**

3
**WINTER
BREAK**

4
PARENTS/GUARDIANS:
If your child is approved for free or reduced lunch, he/she is also approved for free (\$0.00) or reduced (\$.30) breakfast. Breakfast opens after first bell in the hallway across from the main office. Paid students price \$1.25. See your school for more information.

**BREAKFAST
MEAL
DEAL**

Full Meal \$1.25
Reduced Meal \$.30
Free Meal \$.00
Adult Meal \$2.00

OPTIONS TO
CHOOSE FROM

*Bread/Grain
(1 or 2 offered)
*Meat/Alternate
(0 or 1 offered)
*Fruit Juice
(1 offered)
*Milk
(1 offered)
choose at
least

3 if 4 items offered
OR
Bread/Grain with
Fruit Juice and/or
Milk if 3 items
offered

Call the Food Service
Office with any
questions or concerns:
Elm Middle School
Judy Swider
708-583-6233
or
Food Service Office
Susan Walsh
708-583-5463

9
Kellogg Whole Grain
Strawberry
Pop Tart
with Nabisco
Graham Crackers
100% Fruit Juice
1% Milk

10
Otis Whole Grain/
Reduced Fat
Blueberry Muffin
Mozzarella
Cheese Stick
100% Fruit Juice
1% Milk

11
Smuckers
Waffle
100% Fruit Juice
1% Milk

12
Wheat Thins
Peanut Butter
Banana
1% Milk

13
General Mills
Team Cheerio
Cereal Bar
Nabisco
Graham Crackers
100% Fruit Juice
1% Milk

16
**NO
CLASSES
for
STUDENT**

17
Otis Whole Grain/
Reduced Fat
Apple Cinnamon
Muffin
Colby Jack Cheese
100% Fruit Juice
1% Milk

18
Smuckers
Waffle
100% Fruit Juice
1% Milk

19
Danimal
Cherry Crush Cup
Yogurt
Nabisco
Teddy Grahams
100% Fruit Juice
1% Milk

20
General Mills
Cocoa Puff Cereal
Bar
Nabisco
Graham Crackers
Apple
1% Milk

23
Kellogg Whole Grain
Strawberry
Pop Tart
with Nabisco
Graham Crackers
100% Fruit Juice
1% Milk

24
Otis Whole Grain/
Reduced Fat
Double Chocolate
Muffin
Mozzarella Ch. Stick
100% Fruit Juice
1% Milk

25
Smuckers
Waffle
100% Fruit Juice
1% Milk

26
Wheat Bread
Peanut Butter
Banana
1% Milk

27
General Mills
Trix Cereal Bar
Nabisco
Graham Crackers
100% Fruit Juice
1% Milk

30
Kellogg Whole Grain
Brown Sugar
Pop Tart
with Nabisco
Graham Crackers
100% Fruit Juice
1% Milk

31
Otis Whole Grain/
Reduced Fat
Banana Muffin
Peanut Butter
100% Fruit Juice
1% Milk

ELM MIDDLE SCHOOL BREAKFAST MENU



District 401 Meal Guidelines:

The food service has a system that allows money to be put on account to use for food service purchases. Students do not need to carry cash. Students need to maintain a positive account balance. Cash or checks made payable to Elmwood Park School District 401 are accepted. Notification of student account balances are sent home with the students when their accounts are at \$5.00 or less. Students and/or parents can drop payments into the deposit box located in the hall outside the main office.

Menus are subject to
change without notice.

