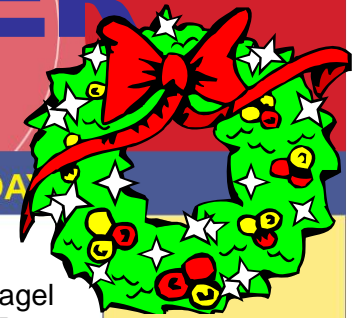




2009 DECEMBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>START the DAY off with BREAKFAST!</i>	1 Breakfast Muffin Hard Cooked Egg Juice White Milk	2 Cinnamon Roll Assorted Yogurt Cup Juice White Milk	3 Cocoa Puff Cereal Bar Cheese Stick Juice White Milk	4 Mini Bagel Peanut Butter Juice White Milk
7 Strawberry Pastry Cheese Stick Juice White Milk	8 Mini Bagel Peanut Butter Juice White Milk	9 Cinnamon Roll Assorted Gogurt Yogurt Juice White Milk	10 Team Cheerios Bar Cheese Stick Juice White Milk	11 Breakfast Muffin Hard Cooked Egg Juice White Milk
14 Apple Crisp Bar Cheese Stick Juice White Milk	15 Breakfast Muffin Hard Cooked Egg Juice White Milk	16 Cinnamon Roll Assorted Yogurt Cup Juice White Milk	17 Cocoa Puff Cereal Bar Cheese Stick Juice White Milk	18 Mini Bagel Peanut Butter Juice White Milk
21 Strawberry Pastry Cheese Stick Juice White Milk	22 Mini Bagel Peanut Butter Juice White Milk	WINTER BREAK HAPPY HOLIDAYS!		
28 LOOKING FOR A PART-TIME JOB that follows the academic school year? See your kids off to school and be home before they are out of school? Apply with the food services for part-time or substituting positions. Contact Susan Walsh at 708-583-5463 and make an appointment.	29	30 	31 HAPPY NEW YEAR! SEE YOU JANUARY 6, 2010	

BREAKFAST
Choose at least 3 or 4 of the choices offered each day
1)Bread/Grain
2)Meat
Alternate
3)Fruit Juice
4)Milk.

MEAL DEAL
Full Meal \$1.25
Reduced Meal \$.30
Adult Meal \$2.00

Milk is included with breakfast.
Milk ala carte \$.50

Call the Food Service Office with questions or comments:
Judy Swider
708-583-6233 or
Susan Waksh
708-583-5463

ELM MIDDLE SCHOOL 12 SPOT BREAKFAST MENU



District 401 Meal Guidelines:
The food service has a system that allows money to be put on account to use for food service purchases. Students do not need to carry cash. Students need to maintain a positive account balance. Cash or checks made payable to Elmwood Park School District 401 are accepted. Notification of student account balances are sent home with the students when their accounts are at \$5.00 or less. Students and/or parents can drop payments into the deposit box located in the hall outside the main office.

Menus are subject to change without notice.

