



2009

DECEMBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>START the DAY off with BREAKFAST!</i>	1 Breakfast Muffin Hard Cooked Egg Juice White Milk	2 Cinnamon Roll Assorted Yogurt Cup Juice White Milk	3 Cocoa Puff Cereal Bar Cheese Stick Juice White Milk	4 Mini Bagel Sunbutter Juice White Milk
7 Assorted Cereal Cheese Stick Juice White Milk	8 Mini Bagel Sunbutter Juice White Milk	9 Cinnamon Roll Assorted Yogurt Cup Juice White Milk	10 Team Cheerios Bar Cheese Stick Juice White Milk	11 Breakfast Muffin Hard Cooked Egg Juice White Milk
14 Assorted Cereal Cheese Stick Juice White Milk	15 Breakfast Muffin Hard Cooked Egg Juice White Milk	16 Cinnamon Roll Assorted Yogurt Cup Juice White Milk	17 Cocoa Puff Cereal Bar Cheese Stick Juice White Milk	18 Mini Bagel Sunbutter Juice White Milk
21 Assorted Cereal Cheese Stick Juice White Milk	22 Mini Bagel Sunbutter Juice White Milk	WINTER BREAK HAPPY HOLIDAYS!		
 <i>"Marcus" "Ana" "Ace" "Zack" "Lucy"</i>	30	HAPPY NEW YEAR! SEE YOU JANUARY 6, 2010		

BREAKFAST
Choose at least 3 or 4 of the choices offered each day

- 1) Bread/Grain
- 2) Meat Alternate
- 3) Fruit Juice
- 4) Milk.

Full Meal \$1.25
Reduced Meal \$.30
Adult Meal \$2.00

Milk is included with breakfast.
Milk ala carte \$.50

Call the Food Service Office with any questions or concerns:
Elmwood Elementary
Debbie Mele
708-583-6257
or
John Mills Elementary
Olga Rivera
708-583-6282
or
Food Service Office
Susan Walsh
708-583-5463

ELMWOOD PARK ELEMENTARY SCHOOL BREAKFAST MENU

District 401 Meal Guidelines:

Students need to maintain a positive account balance. Cash or checks made payable to Elmwood Park School District 401 are accepted. Notification of student account balances are sent home with the students when their accounts are at \$5.00 or less. Students who forget to bring lunch & do not have money on their account will be offered ONLY a sunbutter sandwich, vegetable of the day, fruit cup and milk for 6 breakfast/lunch meals maximum. Their account will be charged for a meal each time.

Menus are subject to change without notice.

