



# 2010 JANUARY

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
<b>START the DAY off with BREAKFAST!</b>							<b>1 HAPPY NEW YEAR</b>		<p><b>BREAKFAST</b> Choose at least 3 or 4 of the choices offered each day</p> <p>1)Bread/Grain 2)Meat Alternate 3)Fruit Juice 4)Milk.</p> <p><b>MEAL DEAL</b> Full Meal \$2.00 Reduced Meal \$.30 Adult Meal \$2.75</p> <p>Milk is included with breakfast. Milk ala carte \$.50</p> <p>Call the Food Service Office with questions or comments: Susan Waksh 708-583-5463</p>	
<b>4 WINTER BREAK</b>		<b>5</b>		<b>6</b> Assorted Cereal Cheese Stick Juice White Milk		<b>7</b> Cocoa Puff Cereal Bar Cheese Stick Juice White Milk		<b>8</b> Mini Bagel Sunbutter Juice White Milk		
<b>11</b> Assorted Cereal Cheese Stick Juice White Milk		<b>12</b> Mini Bagel Sunbutter Juice White Milk		<b>13</b> Cinnamon Roll Assorted Yogurt Cup Juice White Milk		<b>14</b> Team Cheerios Bar Cheese Stick Juice White Milk		<b>15</b> Breakfast Muffin Hard Cooked Egg Juice White Milk		
<b>18 NO CLASSES for STUDENT</b>		<b>19 INSTITUTE DAY No Students</b>		<b>20</b> Cinnamon Roll Assorted Yogurt Cup Juice White Milk		<b>21</b> Cocoa Puff Cereal Bar Cheese Stick Juice White Milk		<b>22</b> Mini Bagel Sunbutter Juice White Milk		
<b>25</b> Assorted Cereal Cheese Stick Juice White Milk		<b>26</b> Mini Bagel Sunbutter Juice White Milk		<b>27</b> Cinnamon Roll Assorted Yogurt Cup Juice White Milk		<b>28</b> Trix Cereal Bar Cheese Stick Juice White Milk		<b>29</b> Breakfast Muffin Hard Cooked Egg Juice White Milk		

## ELMWOOD PARK HIGH SCHOOL U.B.U. LOUNGE BREAKFAST



**District 401 Meal Guidelines:**

Students can put money on account to use for food service purchases. Students no longer need to carry cash with them everyday. Students can bring in or parents can drop off cash or check (preferred & paid to Elmwood Park School District 401) to the food services at anytime. The student's account must maintain a zero balance or above. Please call 708-583-5463 with comments/questions.

Menus are subject to change without notice.

