



2012

JANUARY

Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>2 HAPPY NEW YEAR! SEE YOU IN JANUARY 2012!</p>	<p>3 4 5 6</p> <p>WINTER BREAK</p>				<p><u>BRAIN POWER</u> is BREAKFAST</p>
<p>9 Kellogg Whole Grain Strawberry Pop Tart OR Assorted Cereal with Nabisco Graham Crackers 100% Fruit Juice 1% Milk</p>	<p>10 Otis Whole Grain/ Reduced Fat Blueberry Muffin OR Assorted Cereal with Mozzarella Stick 100% Fruit Juice 1% Milk</p>	<p>11 Smuckers Waffle OR Assorted Cereal with 100% Fruit Juice 1% Milk</p>	<p>12 Wheat Thins OR Assorted Cereal with Peanut Butter Banana 1% Milk</p>	<p>13 General Mills Team Cherrios Cereal Bar OR Assorted Cereal with Nabisco Graham Crackers 100% Fruit Juice 1% Milk</p>	<p><u>MEAL DEAL</u> Full Meal \$2.00 Reduced Meal \$.30 Free Meal \$.00 Adult Meal \$2.75</p>
<p>16 NO CLASSES for STUDENT</p>	<p>17 Otis Whole Grain/ Reduced Fat Apple Cinnamon Muffin OR Assorted Cereal with Colby Jack Cheese 100% Fruit Juice 1% Milk</p>	<p>18 Warm Plain Bagel with Melted American Cheese OR Assorted Cereal with 100% Fruit Juice 1% Milk</p>	<p>19 Assorted Cereal OR Nabisco Teddy Grahams with Danimal Cherry Crush Cup Yogurt 100% Fruit Juice 1% Milk</p>	<p>20 General Mills Cocoa Puff Cereal Bar OR Assorted Cereal with Nabisco Graham Crackers Apple 1% Milk</p>	<p>BREAKFAST If offered 4 choices, choose at least 3 or 4; if offered 3 choices, choose at least 2 or 3.</p>
<p>23 Kellogg Whole Grain Strawberry Pop Tart OR Assorted Cereal with Nabisco Graham Crackers 100% Fruit Juice 1% Milk</p>	<p>24 Otis Whole Grain/ Reduced Fat Double Chocolate Muffin OR Assorted Cereal with Mozzarella Stick 100% Fruit Juice 1% Milk</p>	<p>25 Smuckers Waffle OR Assorted Cereal with 100% Fruit Juice 1% Milk</p>	<p>26 Assorted Cereal OR Wheat Bread with Peanut Butter Banana 1% Milk</p>	<p>27 General Mills Trix Cereal Bar OR Assorted Cereal with Nabisco Graham Crackers 100% Fruit Juice 1% Milk</p>	<p>Milk is included with breakfast. Milk ala carte \$.50</p>
<p>30 Kellogg Whole Grain Brown Sugar Pop Tart OR Assorted Cereal with Nabisco Graham Crackers 100% Fruit Juice 1% Milk</p>	<p>31 Otis Whole Grain/ Reduced Fat Banana Muffin OR Assorted Cereal with Mozzarella Stick 100% Fruit Juice 1% Milk</p>	<p>Students <u>approved for free or reduced lunch</u>, is also <u>approved for free (\$0.00) or reduced (\$.30) breakfast</u>. Paid students breakfast price \$1.25. See your school for more information.</p>			<p>Call the Food Service Office with questions or comments: Susan Walsh 708-583-5463</p>

ELMWOOD PARK HIGH SCHOOL BREAKFAST MENU



District 401 Meal Guidelines:
 Students can put money on account to use for food service purchases. Students no longer need to carry cash with them everyday. Students can bring in or parents can drop off cash or check (preferred & paid to Elmwood Park School District 401) to the food services at anytime. The student's account must maintain a zero balance or above. Please call 708-583-5463 with comments/questions.

Menus are subject to change without notice.