




MARCH

National Nutrition Month

2010



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Pancakes/Syrup/Links Sausage Pizza Chicken BLT Sandwich Build..... Tater Tots/Baby Carrots Chunky Applesauce	2 <u>Dr. Seuss's Birthday</u> Fish Nuggets w/Rolls Meatball Pizza Bacon Cheeseburger Your..... Garden Peas/Broccoli Florets Peaches	3 Beef Nachos Buffalo Chicken Pizza Pepperoni Pizza Puff Own..... Golden Corn/Baby Carrots Applesauce	4 Baked Pasta w/Meat Sauce Meat Lovers Pizza BBQ Chicken Cheddar Deli..... Tossed Salad/Dressing or Celery Sticks Pears	5 Cheese Quesadilla Veggie Supreme Pizza Cheesy Roast Beef Sandwich..... Carrot Coins/Baby Carrots Mixed Fruit
8 EXPLORE ASIA General Tsao's Chicken Sausage Pizza Buffalo Chicken Melt Build..... Green Beans/Baby Carrots Applesauce	9 WORLD MEXICO Taco Bar Greek Pizza Bacon Cheeseburger Your..... Refried Beans/Broccoli Florets Mixed Fruit	10 FLAVORS GREECE Beef Gyro w/Sauce Hawaiian Pizza Pepperoni Pizza Puff Own..... Tater Tots/Baby Carrots Peaches	11 FINAL EXAMS Breakfast in Cafeteria 7:30am - 7:55am 9:35am - 9:50am	
15 Fr. Toast Sticks & Syrup w/Turkey Pattie Sausage Pizza Chicken BLT Sandwich Build..... Tater Tots/Baby Carrots Pineapple Chunks	16 Beef Nachos Meatball Pizza Bacon Cheeseburger Your..... Golden Corn/Broccoli Florets Peaches	17  Paddy Melt Sandwich Buffalo Chicken Pizza Pepperoni Pizza Puff Own..... Emerald Isle Salad/Baby Carrots Applesauce	18 Corn Dog Meat Lovers Pizza BBQ Chicken Cheddar Deli..... Garden Peas/Celery Sticks Peaches	19 Chicken Quesadilla Veggie Supreme Pizza Cheesy Roast Beef Sandwich..... Green Beans/Baby Carrots Mixed Fruit
22 NO CLASSES For STUDENTS	23 Chicken Parm Panini Greek Pizza Bacon Cheeseburger Build..... Tater Tots/Broccoli Florets Mixed Fruit	24 Beef Tacos Hawaiian Pizza Pepperoni Pizza Puff Your.....Own.... Refried Beans/Baby Carrots Peaches	25 Homemade Turkey & Gravy Taco Pizza Chicken Cordon Bleu Melt Deli..... Mashed Potatoes or Celery Sticks Applesauce	26 Grilled Cheese Sandwich Veggie Supreme Pizza Crazy Chicken Club Melt Sandwich..... Tomato Soup/Baby Carrots Mixed Fruit
29 Beef Ravioli w/Garlic Br. Sausage Pizza Chicken BLT Sandwich Build.....Your..... Tossed Salad/Dressing or Baby Carrots Pears	30 Beef Nachos Meatball Pizza Bacon CheeseburgerOwn..... Golden Corn/Broccoli Florets Applesauce	31 Pork Fried Rice with Fortune Cookie Buffalo Chicken Pizza Pepperoni Pizza Puff Deli.....Sandwich..... Garden Peas/Baby Carrots Peaches		

DAILY

WORKS

\$2.90 Deal

Check the menu for the daily special.

PIZZARIA

\$2.90 Deal

Cheese, Pepperoni and rotating Special

GRILL

\$2.90 Deal

Cheeseburger, Hamburger, Breaded Chicken Sandwich, Chicken Nuggets, Hot Dog

Ala Carte Only

Daily Special, Breadsticks w/Pizza Sauce, Oven Fries

SALAD

of the DAY

\$2.90 Deal

See selection

DELI

\$2.90 Deal

Build your own deli sandwich with a selection of breads/rolls, meats, cheeses, lettuce, tomato, onions, assorted dressings.

GAZEBO

\$2.90 Deal

Jumbo Hot Pretzel with Cheese Sauce, Nachos with Cheese Sauce

Milk offered includes 1% White, Skim or 1% Chocolate

Call the Food Service Office with any questions or concerns: 708-583-5463 Elmwood Park High School

ELMWOOD PARK HIGH SCHOOL U.B.U. LOUNGE LUNCH



District 401 Meal Guidelines:

Students can put money on account to use for food service purchases.

Students no longer need to carry cash with them everyday. Students can bring in or parents can drop off cash or check (preferred & paid to Elmwood Park School District 401) to the food services at anytime.

The student's account must maintain a zero balance or above.

Please call 708-583-5463 with comments/questions.

Menus are subject to change without notice.

