



2009 NOVEMBER

Italian Specials!



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

2
Brd. Chicken Nuggets
Cheeseburger on Bun
Ham & Ch. Sandwich**
Carrot Coins
Pears

3
Bkft. Bagel w/Egg & Ch.
Brd. Chicken Sandwich
Bologna & Ch. Sandwich
Tater Tots
Mixed Fruit

4
Beef Tacos
Turkey Dog on Bun
Mini Sub Sandwich**
Refried Beans
Peaches

5 BUILD YOUR OWN SANDWICH
Italian Meatball Sub
Turkey/Ch. Sandwich
Tomato Soup
Applesauce & Gelatin

6
No Classes for Students

Special Italian FRESH FRUIT & CHEESE PLATE this week only!
(Cottage Cheese nestled in the center of Red Grapes, Cantaloupe, Honeydew, Cheddar Cheese, Crackers/Roll.)

9 ITALIAN PANINI
Beef Ravioli w/Garlic Bd.
Ham & Ch. Sandwich**
Golden Corn
Pears

10 MEATBALL VEGGIE PASTA
Turkey Corn Dog
Bologna & Ch. Sandwich
Tossed Salad/Dressing
Applesauce

11 ITALIAN BURGER
Waffles/Syrup & TurkeyLinks
Mini Sub Sandwich**
Tater Tots
Peaches

12 ITALIAN CHICKEN w/ROLLS
BBQ Pork Ribette**
Turkey/Ch. Sandwich
Green Beans
Pineapple Chunks

13 CHICKEN PARMESAN SANDWICH
Tony's Pepperoni Pizza**
Carrot Coins
Mixed Fruit & Gelatin

.....TRY OUR ITALIAN SPECIALS ALL WEEK LONG!.....

16
Bd. Chicken Nuggets
Sloppy Joe Melt
Ham & Ch. Sandwich**
Garden Peas
Pears

17
Soft Beef Tacos
Turkey Dog on Bun
Bologna & Ch. Sand.
Refried Beans
Mixed Fruit

18 Baked Mac & Ch. w/Texas Toast
Hamburger on Bun
Mini Sub Sandwich**
Tossed Salad/Dressing
Applesauce

19 Homemade Turkey & Gravy over Mashed Potatoes
Italian Meatball Sub
Turkey/Ch. Sandwich
Tater Tots
Peaches

20
Tony's Pepperoni Pizza**
Brd. Chicken Sandwich
Green Beans
Mixed Fruit
Gelatin

ACE'S "ACTIVE ADVENTURES" begins this week with LUCKY TRAY DAY EVERYDAY....BEGIN YOUR ADVENTURE!

23
Italian Dunkers
BBQ Pork Ribette**
Ham & Ch. Sandwich**
Carrot Coins
Pineapple Chunks

24
Pancakes w/Syrup & Turkey Links
Cheeseburger on Bun
Bologna & Ch. Sandwich
Tater Tots
Peaches

25
Beef Nachos
Turkey Corn Dog
Mini Sub Sandwich**
Golden Corn
Applesauce

26 HAPPY 27 THANKSGIVING

No School

30
Brd. Chicken Nuggets
Italian Meatball Sub
Ham & Ch. Sandwich**
Green Beans
Applesauce

NOVEMBER ACE'S ACTIVE ADVENTURES
will feature Ace participating in some mountain activities to show the importance of good nutrition and exercise.

NEW SUNBUTTER & JELLY SANDWICH offered daily!



We offer several entrees daily!

Choose from one of the three featured selections or Chef Salad or Tony's Cheese Pizza. Then add at least one Vegetable/Fruit (featured on menu or found on the Cold Food Bar) or Milk. Milk offered includes 1% White, Skim or 1% Chocolate. Milk is included with lunch. Milk ala carte \$5.50

Cold Food Bar Includes:

- Whole Baby Carrots
- Celery Sticks
- Variety Vegetable
- Whole Apple
- Whole Banana
- Orange Smiles
- Variety Can Fruit
- Bread Basket

**Pork Product marked with an asterick.

LUNCH PRICES:
Full Meal \$2.40
Reduced Meal \$3.40
Student Entrée Only \$2.40
Adult Meal \$2.90
Adult Entrée Only \$2.90
Chef Salad Only \$2.40

Call the Food Service Office with any questions or concerns:
Debbie Mele
708-583-6257 or
Susan Walsh
708-583-5463

ELMWOOD ELEMENTARY SCHOOL ONE WORLD CAFE



District 401 Meal Guidelines:

Students need to maintain a positive account balance. Cash or checks made payable to Elmwood Park School District 401 are accepted. Notification of student account balances are sent home with the students when their accounts are at \$5.00 or less. Students who forget to bring lunch & do not have money on their account will be offered ONLY a sunbutter sandwich, vegetable of the day, fruit cup and milk for 6 breakfast/lunch meals maximum. Their account will be charged for a meal each time.

Menus are subject to change without notice.

