



OCTOBER

2009



The Magic of Breakfast for Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>We offer several entrees daily!</p> <p>Choose from one of the three featured selections or Chef Salad or Homemade Cheese Pizza.</p> <p>Then add at least one of Vegetable or Fruit or Milk.</p> <p>Milk offered includes 1% White, Skim or 1% Chocolate. Milk is included with the full meal or \$.50 ala carte.</p> <p>**Pork Products marked with an asterisk.</p> <p>LUNCH PRICES: Full Meal \$2.40 Reduced Meal \$.40 Student Entrée Only \$2.40 Adult Meal \$2.90 Adult Entrée Only \$2.90 (Meals include milk)</p> <p>Call the Food Service Office with questions or concerns: Judy Swider 708-583-6233 or Susan Walsh 708-583-5463</p> 	
<p>DAILY 2 Vegetable Options (hot or cold) AND 4 Fruit Options (apple, orange, banana or fruit cup)</p>	<p>NATIONAL SCHOOL LUNCH WEEK October 12-16</p>			<p>1 Brd. Chicken Sandwich BBQ Pork Ribette** Turkey/Ch. Sandwich <i>Green Beans/Celery Sticks</i> <i>Pineapple Chunks</i></p>		<p>2 Homemade Pepperoni Pizza** Beef Quesadilla <i>Carrot Coins/Baby Carrots</i> <i>Mixed Fruit</i></p>
<p>5 Bd. Chicken Nuggets Sloppy Joe Melt Mini Sub Sandwich** <i>Garden Peas/Baby Carrots</i> <i>Pears</i></p>	<p>6 Soft Beef Tacos Turkey Dog on Bun Ham & Ch. Sandwich** <i>Refried Beans/Broccoli Florets</i> <i>Mixed Fruit</i></p>	<p>7 Baked Mac & Cheese w/Texas Toast Hamburger on Bun Mini Sub Sandwich** <i>Tossed Salad/Dressing or Whole Baby Carrots</i> <i>Applesauce</i></p>	<p>8 English Muffin w/Egg & Ch. Italian Meatball Sub Turkey/Ch. Sandwich <i>Tater Tots/Celery Sticks</i> <i>Peaches</i></p>	<p>9 Homemade Sausage Pizza** Brd. Chicken Sandwich <i>Green Beans/Baby Carrots</i> <i>Mixed Fruit</i></p>		
<p>12 COLUMBUS DAY No Classes for Students</p>	<p>13 Pancakes w/Syrup & Turkey Links Cheeseburger on Bun Ham & Ch. Sandwich** <i>Tater Tots/Broccoli Florets</i> <i>Peaches</i></p>	<p>14 Beef Nachos Turkey Corn Dog Mini Sub Sandwich** <i>Golden Corn/Baby Carrots</i> <i>Applesauce</i></p>	<p>15 Spaghetti & Meat Sauce Toasted Ch. Sandwich Turkey/Ch. Sandwich <i>Tossed Salad/Dressing or Celery Sticks</i> <i>Pears</i></p>	<p>16 Homemade Pepperoni Pizza** Chicken Quesadilla <i>Garden Peas/Baby Carrots</i> <i>Mixed Fruit</i></p>		
<p>19 BREAKFAST FOR LUNCH ALL WEEK LONG.....CHECK THEM OUT! TACO BREAKFAST Italian Meatball Sub Mini Sub Sandwich** <i>Green Beans/Baby Carrots</i> <i>Applesauce</i></p>	<p>20 TOP IT TUESDAY Brd. Chicken Sandwich Ham & Ch. Sandwich** Golden Corn or Broccoli Florets <i>Mixed Fruit</i></p>	<p>21 BREAKFAST BURRITO Caribbean Sloppy Joe Mini Sub Sandwich** <i>Tater Tots/Baby Carrots</i> <i>Peaches</i></p>	<p>22 PANINI PANCAKE W/ EGG, CHEDDAR & HAM Hamburger on Bun Turkey/Ch. Sandwich <i>Tossed Salad/Dressing or Celery Sticks & Pears</i></p>	<p>23 BACON, EGG & CH. QUESADILLA Homemade Sausage Pizza** <i>Carrot Coins/Baby Carrots</i> <i>Mixed Fruit</i></p>		
<p>26 Fr. Toast Sticks & Syrup w/Turkey Pattie Cheeseburger on Bun Mini Sub Sandwich** <i>Tater Tots/Baby Carrots</i> <i>Pineapple Chunks</i></p>	<p>27 Beef Nachos Turkey Corn Dog Ham & Ch. Sandwich** <i>Golden Corn or Broccoli Florets</i> <i>Pears</i></p>	<p>28 Chicken & Noodles w/Biscuit Toasted Ch. Sandwich Mini Sub Sandwich** <i>Tossed Salad/Dressing or Baby Carrots</i> <i>Applesauce</i></p>	<p>29 Pattie Melt Sandwich BBQ Pork Sandwich** Turkey/Ch. Sandwich <i>Garden Peas/Celery Sticks</i> <i>Peaches</i></p>	<p>30 Homemade Pepperoni Pizza** Chicken Quesadilla <i>Green Beans/Baby Carrots</i> <i>Mixed Fruit</i> <i>Halloween Cookie</i></p>		

ELM MIDDLE 12 SPOT MENU



District 401 Meal Guidelines:

The food service has a system that allows money to be put on account to use for food service purchases. Students do not need to carry cash. Students need to maintain a positive account balance. Cash or checks made payable to Elmwood Park School District 401 are accepted. Notification of student account balances are sent home with the students when their accounts are at \$5.00 or less. Students and/or parents can drop payments into the deposit box located in the hall outside the main office.

Menus are subject to change without notice.

