



OCTOBER 2009

The Magic of Breakfast!



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

START the DAY off with BREAKFAST!

		1 Trix Cereal Bar Cheese Stick Juice White Milk		2 Pita Wedges Peanut Butter Juice White Milk	
5 Assorted Cereal Cheese Stick Juice White Milk		6 Breakfast Muffin Peanut Butter Juice White Milk		7 Cinnamon Roll Assorted Yogurt Cup Juice White Milk	
12 COLUMBUS DAY No Classes for Students		13 Mini Bagel Peanut Butter Juice White Milk		14 Cinnamon Roll Yoplait Strawberry Banana Yogurt Juice White Milk	
19 Assorted Cereal Cheese Stick Juice White Milk		20 Breakfast Muffin Peanut Butter Juice White Milk		21 Cinnamon Roll Trix Yogurt Cup Juice White Milk	
26 Assorted Cereal Cheese Stick Juice White Milk		27 Mini Bagel Peanut Butter Juice White Milk		28 Cinnamon Roll Yoplait Strawberry Banana Yogurt Juice White Milk	
		29 Trix Cereal Bar Cheese Stick Juice White Milk		30 Breakfast Muffin Peanut Butter Juice White Milk	
		8 Cocoa Puff Cereal Bar Cheese Stick Juice White Milk		9 Mini Bagel Peanut Butter Juice White Milk	
		15 FINAL EXAMS Breakfast in Cafeteria 7:30am - 7:55am 9:35am - 9:50am			

BREAKFAST
Choose at least 3 or 4 of the choices offered each day
1)Bread/Grain
2)Meat Alternate
3)Fruit Juice
4)Milk.

MEAL DEAL
Full Meal \$2.00
Reduced Meal \$.30
Adult Meal \$2.75

Milk is included with breakfast.
Milk ala carte \$.50

Call the Food Service Office with questions or comments:
Susan Waksh
708-583-5463



ELMWOOD PARK HIGH SCHOOL U.B.U. LOUNGE



District 401 Meal Guidelines:

Students can put money on account to use for food service purchases. Students no longer need to carry cash with them everyday. Students can bring in or parents can drop off cash or check (preferred & paid to Elmwood Park School District 401) to the food services at anytime. The student's account must maintain a zero balance or above. Please call 708-583-5463 with comments/questions.

Menus are subject to change without notice.

