



2009 OCTOBER



The Magic of Breakfast!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DAILY

2 Vegetable Options
(hot or cold)
AND
4 Fruit Options
(apple, orange,
banana or fruit cup)

Full Meal Deal
(\$2.90 paid, \$.40 reduced or free)
includes
Entrée (bread-1 & meat/meat alternate-1),
Vegetable (hot or cold-1),
Fruit (whole fresh or fruit cup-1),
Gelatin Cup,
and Milk (1) or 12oz Fountain Beverage
Must take minimum of 3 or all 5

1
BBQ Ribette Sandwich
Meat Lovers Pizza
BBQ Chicken Cheddar
Build....Your.....Own...
Green Beans/Celery Sticks
Pineapple Chunks

2
Beef Quesadilla
Veggie Supreme Pizza
Cheesy Roast Beef
Deli.....Sandwich....
Carrot Coins/Baby Carrots
Mixed Fruit

5
Sloppy Joe Melt
Sausage Pizza**
Buffalo Chicken Melt
Build.....
Garden Peas/Baby Carrots
Pears

6
Soft Beef Tacos
Greek Pizza
Pepperoni Pizza Puff
Your.....
Refried Beans/Broccoli Florets
Mixed Fruit

7
Baked Mac & Ch. w/TT
Hawaiian Pizza
Bacon Cheeseburger
Own.....
Tossed Salad/Dressing or
Whole Baby Carrots
Applesauce

8
Italian Meatball Sub
Taco Pizza
Chicken Cordon Bleu Melt
Deli.....
Tater Tots/Celery Sticks
Peaches

9
English Muffin w/Egg & Ch.
Veggie Supreme Pizza
Crazy Chicken Club Melt
Sandwich.....
Green Beans/Baby Carrots
Mixed Fruit

12
COLUMBUS DAY
No Classes
for
Students

13 Pancakes
w/Syrup & Turkey Links
Meatball Pizza
Pepperoni Pizza Puff
Build.....Your...
Tator Tots/Broccoli Florets
Peaches

14
Beef Nachos Grande
Buffalo Chicken Pizza
Bacon Cheeseburger
Own.....
Golden Corn/Baby Carrots
Applesauce

15
FINAL EXAMS
Breakfast in Cafeteria
7:30am – 7:55am
9:35am – 9:50am

BREAKFAST FOR LUNCH ALL WEEK LONG.....CHECK THEM OUT!

19
TACO BREAKFAST
Sausage Pizza**
Buffalo Chicken Melt
Build.....
Green Beans/Baby Carrots
Applesauce

20
TOP IT TUESDAY
Greek Pizza
Pepperoni Pizza Puff
Your.....
Golden Corn/Broccoli Florets
Mixed Fruit

21
BREAKFAST STROMBOLI
Hawaiian Pizza
Bacon Cheeseburger
Own.....
Tater Tots/Baby Carrots
Peaches

22
PANINI PANCAKE W/ EGG, CHEDDAR & HAM
Taco Pizza
Chicken Cordon Bleu Melt
Deli.....
Tossed Salad/Celery Sticks
Pears

23
BACON, EGG & CHEESE QUESADILLA
Veggie Supreme Pizza
Crazy Chicken Club Melt
Sandwich.....
Carrot Coins/Baby Carrots
Mixed Fruit

26
Fr. Toast Sticks & Syrup
Sausage Pizza**
Chicken BLT Sandwich
Build.....
Tater Tots/Baby Carrots
Pineapple Chunks

27
Beef Nachos
Meatball Pizza
Pepperoni Pizza Puff
Your.....
Golden Corn/Broccoli Floret
Pears

28
Chicken & Noodles w/Biscuit
Buffalo Chicken Pizza
Bacon Cheeseburger
Own.....
Tossed Salad/Dressing or
Baby Carrots
Applesauce

29
BBQ Pork Ribette**
Meat Lovers Pizza
BBQ Chicken Cheddar
Deli.....
Garden Peas/Celery Sticks
Peaches

30
Chicken Quesadilla
Veggie Supreme Pizza
Cheesy Roast Beef
Sandwich.....
Green Beans/Baby Carrots
Mixed Fruit

DAILY

WORKS

\$2.90 Deal
Check the menu for the daily Special.

PIZZARIA

\$2.90 Deal
Cheese, Pepperoni and rotating Special

GRILL

\$2.90 Deal
Cheeseburger, Hamburger, Breaded Chicken Sandwich, Chicken Nuggets, Hot Dog
Ala Carte Only
Daily Special, Breadsticks w/Pizza Sauce, Oven Fries

SALAD

of the DAY
\$2.90 Deal
See selection

DELI

\$2.90 Deal
Build your own deli sandwich with a selection of breads/rolls, meats, cheeses, lettuce, tomato, onions, assorted dressings.

GAZEBO

\$2.90 Deal
Jumbo Hot Pretzel with Cheese Sauce, Nachos with Cheese Sauce

Milk offered includes 1% White, Skim or 1% Chocolate

Call the Food Service Office with any questions or concerns:
708-583-5463
Elmwood Park High School



ELMWOOD PARK HIGH SCHOOL U.B.U. LOUNGE



District 401 Meal Guidelines:

Students can put money on account to use for food service purchases. Students no longer need to carry cash with them everyday. Students can bring in or parents can drop off cash or check (preferred & paid to Elmwood Park School District 401) to the food services at anytime. The student's account must maintain a zero balance or above. Please call 708-583-5463 with comments/questions.

Menus are subject to change without notice.

