



2009 September

BREAKFAST HELPS FEEDS THE BRAIN!

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
START the DAY off with BREAKFAST!		1 Mini Bagel Sunbutter Juice White Milk	2 Cinnamon Roll Yoplait Strawberry Banana Yogurt Juice White Milk	3 Trix Cereal Bar Cheese Stick Juice White Milk	4 Pita Wedges Sunbutter Juice White Milk	BREAKFAST Choose at least 3 or 4 of the choices offered each day 1)Bread/Grain 2)Meat Alternate 3)Fruit Juice 4)Milk. Full Meal \$1.25 Reduced Meal \$.30 Adult Meal \$2.00 Milk is included with breakfast. Milk ala carte \$.50 Call the Food Service Office with any questions or concerns: Elmwood Elementary Debbie Mele 708-583-6257 or John Mills Elementary Olga Rivera 708-583-6282 or Food Service Office Susan Walsh 708-583-5463			
7 LABOR DAY No School	8 Breakfast Muffin Sunbutter Juice White Milk	9 Cinnamon Roll Trix Yogurt Cup Juice White Milk	10 Cocoa Puff Cereal Bar Cheese Stick Juice White Milk	11 Mini Bagel Sunbutter Juice White Milk					
14 Cinnamon Toast Crunch Cereal Cheese Stick Juice White Milk	15 Mini Bagel Sunbutter Juice White Milk	16 Cinnamon Roll Yoplait Strawberry Banana Yogurt Juice White Milk	17 Team Cheerios Bar Cheese Stick Juice White Milk	18 Pita Wedges Sunbutter Juice White Milk					
21 Fruit Loop Cereal Cheese Stick Juice White Milk	22 Breakfast Muffin Sunbutter Juice White Milk	23 Cinnamon Roll Trix Yogurt Cup Juice White Milk	24 Cocoa Puff Cereal Bar Cheese Stick Juice White Milk	25 INSTITUTE DAY No Students					
28 Apple Jacks Cereal Cheese Stick Juice White Milk	29 Mini Bagel Sunbutter Juice White Milk	30 Cinnamon Roll Yoplait Strawberry Banana Yogurt Juice White Milk	 "Marcus" "Ana" "Ace" "Zack" "Lucy"						

ELMWOOD PARK ELEMENTARY SCHOOL BREAKFAST MENU

District 401 Meal Guidelines:

Students need to maintain a positive account balance. Cash or checks made payable to Elmwood Park School District 401 are accepted. Notification of student account balances are sent home with the students when their accounts are at \$5.00 or less. Students who forget to bring breakfast & do not have money on their account will be offered ONLY a sunbutter sandwich and milk for 6 breakfast/lunch meals maximum. Their account will be charged for a meal each time.

Menus are subject to change without notice.

