



# 2009 September

ASIAN FAVORITES this month!

**MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY**

<p><b>DAILY</b> 2 Vegetable Options (hot or cold) <b>AND</b> 4 Fruit Options (apple, orange, banana or fruit)</p>	<p><b>1</b> Pancakes w/Syrup &amp; Turkey Links Meatball Pizza Pepperoni Pizza Puff Build.....Your..... Tater Tots/Broccoli Florets Peaches</p>	<p><b>2</b> Beef Nachos Grande Buffalo Chicken Pizza Bacon Cheeseburger .....Own..... Golden Corn/Baby Carrots Applesauce</p>	<p><b>3</b> Spaghetti &amp; Meat Sauce Meat Lovers Pizza BBQ Chicken Cheddar Deli..... Tossed Salad/Dressing or Celery Sticks Pears</p>	<p><b>4</b> Chicken Quesadilla Veggie Supreme Pizza Cheesy Roast Beef Sandwich..... Garden Peas/Baby Carrots Mixed Fruit</p>	
<p><b>7</b> <b>LABOR DAY</b> <b>No School</b></p>	<p><b>8</b> Italian Meatball Sub Greek Pizza Pepperoni Pizza Puff Build.....Your..... Green Beans/Broccoli Florets Applesauce</p>	<p><b>9</b> Caribbean Sloppy Joe Hawaiian Pizza Bacon Cheeseburger Own..... Tater Tots/Baby Carrots Peaches</p>	<p><b>10</b> Italian Dunkers Taco Pizza Chicken Cordon Bleu Melt Deli..... Tossed Salad/Dressing or Celery Sticks &amp; Pears</p>	<p><b>11</b> Hot Ham &amp; Ch. Biscuit Veggie Pizza Crazy Chicken Club Melt Sandwich..... Carrot Coins/Baby Carrots Mixed Fruit</p>	
<p><b>SPECIAL....ASIAN CHICKEN MANDARIN SALAD this week only!</b> (Breaded Chicken Strips on bed of Mixed Greens with Mandarin Oranges &amp; Crispy Chow Mein Noodles &amp; side of Citrus Dressing)</p>					
<p><b>14</b> Fr. Toast Sticks &amp; Syrup w/Turkey Pattie Sausage Pizza** Chicken BLT Sandwich Build..... Tater Tots/Baby Carrots Pineapple Chunks</p>	<p><b>15</b> Beef Nachos Grande Meatball Pizza Pepperoni Pizza Puff Your..... Golden Corn/Broccoli Florets Pears</p>	<p><b>16</b> Chicken &amp; Noodles Buffalo Chicken Pizza Bacon Cheeseburger .....Own..... Tossed Salad/Dressing or Baby Carrots Applesauce</p>	<p><b>17</b> BBQ Pork Ribette** Meat Lovers Pizza BBQ Chicken Cheddar Deli..... Garden Peas/Celery Sticks Peaches</p>	<p><b>18</b> Chicken Quesadilla Veggie Supreme Pizza Cheesy Roast Beef Sandwich..... Green Beans/Baby Carrots Mixed Fruit</p>	
<p><b>21</b> <b>ASIAN FAVORITES ALL WEEK LONG.....CHECK THEM OUT!</b> General Taso's Chicken Sausage Pizza** Buffalo Chicken Melt Build..... Carrot Coins/Baby Carrots Pears</p>	<p><b>22</b> Asian Chicken Slider Greek Pizza Pepperoni Pizza Puff Your..... Tater Tots/Broccoli Florets Mixed Fruit</p>	<p><b>23</b> Beef &amp; Broccoli w/Rice Hawaiian Pizza Bacon Cheeseburger Own..... Refried Beans/Baby Carrots Peaches</p>	<p><b>24</b> Asian BBQ Pork Noodle Bowl Taco Pizza Chicken Cordon Bleu Melt Deli..... Sandwich..... Tossed Salad/Dressing or Celery Sticks &amp; Applesauce</p>	<p><b>25</b> <b>INSTITUTE DAY</b> <b>No Students</b></p>	
<p><b>28</b> Beef Ravioli w/Garlic Bd Sausage Pizza** Chicken BLT Sandwich Build .....</p>	<p><b>29</b> Beef Nachos Grande Meatball Pizza Pepperoni Pizza Puff Your..... Golden Corn/Broccoli Florets Applesauce</p>	<p><b>30</b> Grilled Cheese Sand. Buffalo Chicken Pizza Bacon Cheeseburger Own..... Tater Tots/Baby Carrots Peaches</p>	<p><b>Full Meal Deal</b> (\$2.90 paid, \$ .40 reduced or free) <b>includes</b> Entrée (bread-1 &amp; meat/meat alternate-1), Vegetable (hot or cold-1), Fruit (whole fresh or fruit cup-1), Gelatin Cup, and Milk (1) or 12oz Fountain Beverage Must take minimum of 3 or all 5</p>		

**DAILY WORKS**

**\$2.90 Deal**  
Check the menu for the daily Special.

**PIZZARIA**

**\$2.90 Deal**  
Cheese, Pepperoni and rotating Special

**GRILL**

**\$2.90 Deal**  
Cheeseburger, Hamburger, Breaded Chicken Sandwich, Chicken Nuggets, Hot Dog  
**Ala Carte Only**  
Daily Special, Breadsticks w/Pizza Sauce, Oven Fries

**SALAD**

**of the Day**  
**\$2.90 Deal**  
See selection

**DELI**

**\$2.90 Deal**  
Build your own deli sandwich with a selection of breads/rolls, meats, cheeses, lettuce, tomato, onions, assorted dressings.

**GAZEBO**

**\$2.90 Deal**  
Jumbo Hot Pretzel with Cheese Sauce, Nachos with Cheese Sauce

Milk offered includes 1% White, Skim or 1% Chocolate

Call the Food Service Office with any questions or concerns: 708-583-5463  
Elmwood Park High School

## ELMWOOD PARK HIGH SCHOOL U.B.U. LOUNGE



**District 401 Meal Guidelines:**  
Students can put money on account to use for food service purchases. Students no longer need to carry cash with them everyday. Students can bring in or parents can drop off cash or check (preferred & paid to Elmwood Park School District 401) to the food services at anytime. The student's account must maintain a zero balance or above. Please call 708-583-5463 with comments/questions.

Menus are subject to change without notice.

