



# 2009 September

**START THE DAY OFF WITH BREAKFAST!**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>BREAKFAST for Brain Power!</b>	<b>1</b> Mini Bagel Peanut Butter Juice Milk	<b>2</b> Cinnamon Roll Yoplait Strawberry Banana Yogurt Juice Milk	<b>3</b> Trix Cereal Bar Cheese Stick Juice Milk	<b>4</b> Pita Wedges Peanut Butter Juice Milk		<p><b>BREAKFAST</b> Choose at least 3 or 4 of the choices offered each day</p> <p>1)Bread/Grain 2)Meat Alternate 3)Fruit Juice 4)Milk.</p> <p><b>MEAL DEAL</b> Full Meal \$2.00 Reduced Meal \$ .30 Adult Meal \$2.75</p> <p>Milk is included with breakfast. Milk ala carte \$.50</p> <p>Call the Food Service Office with questions or comments: Susan Waksh 708-583-5463</p>
<b>7 LABOR DAY No School</b>	<b>8</b> Breakfast Muffin Peanut Butter Juice Milk	<b>9</b> Cinnamon Roll Trix Yogurt Cup Juice Milk	<b>10</b> Cocoa Puff Cereal Bar Cheese Stick Juice Milk	<b>11</b> Mini Bagel Peanut Butter Juice Milk		
<b>14</b> Assorted Cereal Cheese Stick Juice Milk	<b>15</b> Mini Bagel Peanut Butter Juice Milk	<b>16</b> Cinnamon Roll Yoplait Strawberry Banana Yogurt Juice Milk	<b>17</b> Team Cheerios Bar Cheese Stick Juice Milk	<b>18</b> Pita Wedges Peanut Butter Juice Milk		
<b>21</b> Assorted Cereal Cheese Stick Juice Milk	<b>22</b> Breakfast Muffin Peanut Butter Juice Milk	<b>23</b> Cinnamon Roll Trix Yogurt Cup Juice Milk	<b>24</b> Cocoa Puff Cereal Bar Cheese Stick Juice Milk	<b>25 INSTITUTE DAY No Students</b>		
<b>28</b> Assorted Cereal Cheese Stick Juice Milk	<b>29</b> Mini Bagel Peanut Butter Juice Milk	<b>30</b> Cinnamon Roll Yoplait Strawberry Banana Yogurt Juice Milk				

## ELMWOOD PARK HIGH SCHOOL U.B.U. LOUNGE BREAKFAST



**District 401 Meal Guidelines:**  
**Students can put money on account to use for food service purchases.**  
**Students no longer need to carry cash with them everyday. Students can bring in or parents can drop off cash or check (preferred & paid to Elmwood Park School District 401) to the food services at anytime.**  
**The student's account must maintain a zero balance or above.**  
**Please call 708-583-5463 with comments/questions.**

Menus are subject to change without notice.

