



# 2010 September BURGER TIME!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p><b>We offer several entrees daily!</b></p> <p>Choose from one of the two featured selections, <b>Specialty Sandwich, Specialty Salad or Homemade Cheese Pizza.</b></p> <p>Then add at least one of <b>Vegetable or Fruit or Milk.</b></p> <p>Milk offered includes <b>1% White, Skim or 1% Chocolate. Milk is included with the full meal or \$.50 ala carte.</b></p> <p>**Pork Products marked with an asterisk.</p> <p><b>LUNCH PRICES:</b></p> <p>Full Meal \$2.40 Reduced Meal \$.40 Free Meal \$0.00 Student Entrée Only \$2.40 Adult Meal \$2.90 Adult Entrée Only \$2.90 (Meals include milk)</p> <p>Call the Food Service Office with questions or concerns: Judy Swider 708-583-6233 or Susan Walsh 708-583-5463</p>
<p><b>BURGER TIME!</b></p> <p>September 20<sup>th</sup>-24<sup>th</sup></p> <p>Packed with protein to build strong muscles</p>		<p><b>1</b> Chicken Nachos BBQ Pork Ribette** All-American Wrap Fruit &amp; Cheddar Salad <i>Refried Beans</i> <i>Pineapple Chunks</i> Wheat Dinner Roll</p>	<p><b>2</b> Italian Dunkers Cheeseburger Chicken Salad on Bun Ham Pizza Salad <i>Green Beans</i> <i>Mandarin Oranges</i> Sugar Cookie</p>	<p><b>3</b> Homemade Pepperoni Pizza** Chili w/Cornbread Peanutbutter Sandwich Chicken Caesar Salad <i>Spinach</i> <i>Mixed Fruit</i> Pasta Salad</p>	
<p><b>6 LABOR DAY</b></p> <p><b>No School</b></p>	<p><b>7</b> Sweet &amp; Sour Chicken w/Brown Rice Beef &amp; Bean Burrito Turkey &amp; Ch. on Wheat Veggie, Hummus Pita Salad <i>Carrot Coins</i> <i>Applesauce</i> Soft Bake Pretzel</p>	<p><b>8</b> Beef Quesadilla Hot Dog on Bun Chicken Buffalo Wrap Baja Salad <i>Caribbean Baked Beans</i> <i>Pineapple Chunks</i> Sugar Cookie</p>	<p><b>9</b> Mac &amp; Cheese Cheeseburger Chicken Salad Sub Beef Nacho Salad <i>Green Beans</i> <i>Mandarin Oranges</i> Wheat Dinner Roll</p>	<p><b>10</b> Homemade Pepperoni Pizza** Brd. Chicken Sandwich Peanutbutter Sandwich Tuna Salad Salad <i>Spinach</i> <i>Mixed Fruit</i> Tortilla Crisp</p>	
<p><b>13</b> Pancakes/Syrup w/Turkey Sausage Patty** Corn Dog Ham &amp; Cheese Sand.** Chicken Mediterranean Salad <i>Tater Tots</i> <i>Peaches</i> Wheat Dinner Roll</p>	<p><b>14</b> Beef Lo Mein w/Chow Mein Noodles Beef &amp; Bean Burrito Tune Salad Pocket Chicken Ranch Salad <i>Carrot Coins</i> <i>Applesauce</i> Soft Bake Pretzel</p>	<p><b>15</b> Chicken Burrito BBQ Pork Ribette** All-American Wrap Fruit &amp; Cheddar Salad <i>Refried Beans</i> <i>Pineapple Chunks</i> Strawberry Shortcake</p>	<p><b>16</b> Hearty Chicken Noodle Cheeseburger Chicken Salad on Bun Ham Pizza Salad <i>Green Beans</i> <i>Mandarin Oranges</i> Sugar Cookie</p>	<p><b>17</b> Homemade Pepperoni Pizza** Fish Nuggets/Rolls Peanutbutter Sandwich Chicken Caesar Salad <i>Spinach</i> <i>Mixed Fruit</i> Pasta Salad</p>	
<p><b>20</b> Asian Beef Burger Chicken Nuggets Ham &amp; Ch. on Wheat** Egg Chef Salad <i>Mashed Potatoes/Gravy</i> <i>Peaches</i> Soft Baked Pretzel</p>	<p><b>21</b> Honey Mustard Ranch Chicken Sand. Jerk Chicken Turkey &amp; Ch. on Wheat Veggie, Hummus Pita Salad <i>Carrot Coins</i> <i>Applesauce</i> Whole Grain Goldfish</p>	<p><b>22</b> Honey Mustard Apple Chicken Sand. Hot Dog on Bun Chicken Buffalo Wrap Baja Chicken Salad <i>Kickin' Pintos</i> <i>Pineapple Chunks</i> Sugar Cookie</p>	<p><b>23</b> Mushroom Swiss Burger Meatball Veggie Pasta Chicken Salad Sub Beef Nacho Salad <i>Green Beans</i> <i>Mandarin Oranges</i> Wheat Dinner Roll</p>	<p><b>24</b> Cajun Chicken Sandwich Homemade Pepperoni Pizza** Peanutbutter Sandwich Tuna Salad Salad <i>Spinach</i> <i>Mixed Fruit</i> Tortilla Crisp</p>	
<p><b>27</b> Meatball Taco Sub Chicken Nuggets/Brd Ham &amp; Ch. Sandwich** Egg Chef Salad <i>Hash Brown Starz</i> <i>Peaches</i> Soft Bake Pretzel</p>	<p><b>28</b> General Tsao Chicken Beef &amp; Bean Burrito Turkey &amp; Cheese Sand. Veggie, Hummus &amp; Pita <i>Carrot Coins</i> <i>Applesauce</i> Whole Grain Goldfish</p>	<p><b>29</b> Beef Tacos Hot Dog on Bun Chicken Buffalo Wrap Baja Salad <i>Caribbean Baked Beans</i> <i>Pineapple Chunks</i> Apple Crisp</p>	<p><b>30</b> Rotini &amp; Meat Sauce Cheeseburger on Bun Chicken Salad Sub Beef Nacho Salad <i>Green Beans</i> <i>Mandarin Oranges</i> Butter Sugar Cookie</p>	<div style="border: 1px solid black; padding: 5px;"> <p><b>DAILY</b></p> <p>2 Vegetable Options (hot or cold)</p> <p><b>AND</b></p> <p>4 Fruit Options (apple, orange, banana or fruit cup)</p> </div>	

## ELM MIDDLE 12 SPOT

### District 401 Meal Guidelines:

The food service has a system that allows money to be put on account to use for food service purchases. Students do not need to carry cash. Students need to maintain a positive account balance. Cash or checks made payable to Elmwood Park School District 401 are accepted. Notification of student account balances are sent home with the students when their accounts are at \$5.00 or less. Students and/or parents can drop payments into the deposit box located in the hall outside the main office.

Menus are subject to change without notice.

