



NOVEMBER

2011

START the DAY
with BREAKFAST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>BREAKFAST MEAL DEAL</p> <p>Full Meal \$1.25 Reduced Meal \$.30 Free Meal \$.00 Adult Meal \$2.00</p> <p><u>OPTIONS TO CHOOSE FROM</u> *Bread/Grain (1 or 2 offered) *Meat/Alternate (0 or 1 offered) *Fruit Juice (1 offered) *Milk (1 offered) choose at least 3 if 4 items offered OR Bread/Grain with Fruit Juice and/or Milk if 3 items offered</p> <p>Call the Food Service Office with any questions or concerns: Elm Middle School Judy Swider 708-583-6233 or Food Service Office Susan Walsh 708-583-5463</p>
	<p>1 Otis Whole Grain/ Reduced Fat Blueberry Muffin Mozzarella Cheese Stick 100% Fruit Juice 1% Milk</p>	<p>2 Smuckers Waffle 100% Fruit Juice 1% Milk</p>	<p>3 Wheat Thins Peanut Butter Banana 1% Milk</p>	<p>4 General Mills Team Cheerio Cereal Bar Nabisco Graham Crackers 100% Fruit Juice 1% Milk</p>	
<p>7 Kellogg Brown Sugar Cinnamon Pop Tart Nabisco Graham Crackers 100% Fruit Juice 1% Milk</p>	<p>8 Otis Whole Grain/ Reduced Fat Apple Cinnamon Muffin Colby Jack Cheese 100% Fruit Juice 1% Milk</p>	<p>9 Smuckers Waffle 100% Fruit Juice 1% Milk</p>	<p>10 Danimal Cherry Crush Cup Yogurt Nabisco Teddy Grahams 100% Fruit Juice 1% Milk</p>	<p>11 No Classes for Students No School</p>	
<p>14 Kellogg Strawberry Pop Tart Nabisco Graham Crackers 100% Fruit Juice 1% Milk</p>	<p>15 Otis Whole Grain/ Reduced Fat Double Chocolate Muffin Mozzarella Ch. Stick 100% Fruit Juice 1% Milk</p>	<p>16 Smuckers Waffle 100% Fruit Juice 1% Milk</p>	<p>17 Wheat Bread Peanut Butter Banana 1% Milk</p>	<p>18 General Mills Trix Cereal Bar Nabisco Graham Crackers 100% Fruit Juice 1% Milk</p>	
<p>21 Kellogg Brown Sugar Cinnamon Pop Tart Nabisco Graham Crackers 100% Fruit Juice 1% Milk</p>	<p>22 Otis Whole Grain/ Reduced Fat Banana Muffin Peanut Butter 100% Fruit Juice 1% Milk</p>	<p>23 Smuckers Waffle 100% Fruit Juice 1% Milk</p>	<p>24 HAPPY</p>	<p>25 THANKSGIVING No School</p>	
<p>28 Kellogg Strawberry Pop Tart Nabisco Graham Crackers 100% Fruit Juice 1% Milk</p>	<p>29 Otis Whole Grain/ Reduced Fat Blueberry Muffin Mozzarella Cheese Stick 100% Fruit Juice 1% Milk</p>	<p>30 Smuckers Waffle 100% Fruit Juice 1% Milk</p>	<p><u>PARENTS/GUARDIANS:</u> If your child is <u>approved for free or reduced lunch</u>, he/she is also <u>approved for free (\$0.00) or reduced (\$.30) breakfast</u>. Breakfast opens after first bell in the hallway across from the main office. Paid students price \$1.25. See your school for more information.</p>		

ELM MIDDLE SCHOOL BREAKFAST MENU



District 401 Meal Guidelines:

The food service has a system that allows money to be put on account to use for food service purchases. Students do not need to carry cash. Students need to maintain a positive account balance. Cash or checks made payable to Elmwood Park School District 401 are accepted. Notification of student account balances are sent home with the students when their accounts are at \$5.00 or less. Students and/or parents can drop payments into the deposit box located in the hall outside the main office.

Menus are subject to change without notice.

