



2011

OCTOBER

START the DAY off with BREAKFAST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>We offer several entrees daily!</p> <p>Choose from one of the three featured selections or Specialty Salad or Homemade Cheese Pizza.</p> <p>Then add at least one of Vegetable or Fruit or Milk.</p> <p>Milk offered includes 1% White, Skim or 1% Chocolate. Milk is included with the full meal or \$.50 ala carte.</p> <p>**Pork Products marked with an asterisk.</p> <p>LUNCH PRICES: Full Meal \$2.40 Reduced Meal \$.40 Free Meal \$0.00 Student Entrée Only \$2.40 Adult Meal \$2.90 Adult Entrée Only \$2.90 (Meals include milk)</p> <p>Call the Food Service Office with questions or concerns: Judy Swider 708-583-6233 or Susan Walsh 708-583-5463</p>
3 Kellogg Whole Grain Strawberry Pop Tart Graham Crackers 100% Fruit Juice 1% Milk	4 Otis Whole Grain/ Reduced Fat Blueberry Muffin Mozzarella Cheese Stick 100% Fruit Juice 1% Milk	5 Smuckers Waffle 100% Fruit Juice 1% Milk	6 Wheat Thins Peanut Butter 100% Fruit Juice 1% Milk	7 INSTITUTE DAY No Students	
10 COLUMBUS DAY No School	11 Otis Whole Grain/ Reduced Fat Apple Cinnamon Muffin Colby Jack Cheese 100% Fruit Juice 1% Milk	12 Smuckers Waffle 100% Fruit Juice 1% Milk	13 Danimal Cherry Crush Cup Yogurt Nabisco Teddy Grahams 100% Fruit Juice 1% Milk	14 General Mills Cocoa Puff Cereal Bar Nabisco Graham Crackers Apple 1% Milk	
17 Kellogg Whole Grain Strawberry Pop Tart Graham Crackers 100% Fruit Juice 1% Milk	18 Otis Whole Grain/ Reduced Fat Double Chocolate Muffin Mozzarella Ch. Stick 100% Fruit Juice 1% Milk	19 Smuckers Waffle 100% Fruit Juice 1% Milk	20 Wheat Bread Peanut Butter Banana 1% Milk	21 General Mills Trix Cereal Bar Nabisco Graham Crackers 100% Fruit Juice 1% Milk	
24 Kellogg Whole Grain Brown Sugar Cinnamon Pop Tart Graham Crackers 100% Fruit Juice 1% Milk	25 Otis Whole Grain/ Reduced Fat Banana Muffin Peanut Butter 100% Fruit Juice 1% Milk	26 Smuckers Waffle 100% Fruit Juice 1% Milk	27 Danimal Strawberry Crush Cup Yogurt Nabisco Teddy Grahams 100% Fruit Juice 1% Milk	28 General Mills Cocoa Puff Cereal Bar Nabisco Graham Crackers Apple 1% Milk	
31 Kellogg Whole Grain Strawberry Pop Tart Graham Crackers 100% Fruit Juice 1% Milk	<p><u>PARENTS/GUARDIANS:</u></p> <p>If your child is <u>approved for free or reduced lunch</u>, he/she is also <u>approved for free (\$0.00) or reduced (\$.30) breakfast</u>. Breakfast opens after first bell in the hallway across from the main office. Paid students price \$1.25. See your school for more information.</p>				

ELM MIDDLE SCHOOL BREAKFAST MENU



District 401 Meal Guidelines:
 The food service has a system that allows money to be put on account to use for food service purchases. Students do not need to carry cash. Students need to maintain a positive account balance. Cash or checks made payable to Elmwood Park School District 401 are accepted. Notification of student account balances are sent home with the students when their accounts are at \$5.00 or less. Students and/or parents can drop payments into the deposit box located in the hall outside the main office.

Menus are subject to change without notice.

